



Professional Video Analysis



Modern Training Techniques



HPC Skatemill Training



Core Strength Training

SUMMER CAMPS

REGULAR WEEK PACKAGE

5 On Ice Training Sessions at ATR

5 3 on 3 Games

5 Off Ice Training Sessions

5 Dynamic Stretching Sessions

Mon - Fri 9am - 3pm

\$299

ELITE WEEK PACKAGE

5 FULL Ice Training Sessions

5 3 on 3 Games at ATR

5 Off Ice Training Sessions

5 Dynamic Stretching Sessions

3 Skatemill Sessions

3 Video Analysis Sessions

Mon - Fri 9am - 3pm

\$499

ARE YOU READY?

JULY AND AUGUST

REGISTER NOW!

604-852-3080

**DON'T GET LEFT BEHIND
IMPROVE YOUR GAME!**